

Health Check & Screening Form

Att: Health Professionals:

- This form is to confirm that the AIA Vitality member has completed a health check or has taken part in a screening activity on the date below.
- Only current medical practitioners or other appropriately qualified and accredited health professionals may complete this form and they must be independent from the AIA Vitality member and their immediate family.
- As a qualified medical practitioner, you will need to complete each section (where applicable).

Health Professional Name

Date (dd/mm/yyyy)

Member Name

AIA Vitality Membership No.

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(Available in the Account section of the app)

Health Check (Your local health care provider – GP or Pharmacy)

UP TO
6,000
POINTS*

| | | | |
|------------------------------------------------------------------------------|------------------------------------------------------------------|----------------------------------------------------|---------------------------------------------------------------|
| 1 Weight <input type="text"/> kg | Height <input type="text"/> cm | BMI <input type="text"/> | 4 Blood glucose tests, please choose one of the following: |
| 2 Total Cholesterol <input type="text"/> mmol/L | 3 Blood Pressure <input type="text"/> Sys/Dia | Blood Glucose Random <input type="text"/> mmol/L | Blood Glucose Fasting <input type="text"/> mmol/L |
| Waist Circumference <input type="text"/> cm <small>(If available)</small> | Body Fat <input type="text"/> % <small>(If available)</small> | HbA1c (For Goals only) <input type="text"/> mmol/L | HbA1c (For Goals only) <input type="text"/> % |

*You will receive 750 AIA Vitality points for each of the four tests (BMI, Cholesterol, Blood Pressure and Blood Glucose) and a further 750 points for each test in the healthy range (As of 2 Oct 2017).

Screenings & Vaccinations (Your local healthcare provider – please tick)

1,000
POINTS EACH

| | | | |
|---------------------------------------------------|---------------------------------------------------|----------------------------------------------|---------------------------------------------------------------|
| <input type="checkbox"/> Mammogram | <input type="checkbox"/> Clinical Cervical Screen | <input type="checkbox"/> Colon Cancer Screen | |
| <input type="checkbox"/> Pneumococcal Vaccination | <input type="checkbox"/> Flu Vaccination | <input type="checkbox"/> Dental Checkup | <input type="checkbox"/> HPV Vaccination (Cervix or Gardasil) |

Declarations (Member and health professional to complete)

Health Professional's Signature

Clinic Name

*Member Signature

Clinic Contact Number

*In signing this form and/or submitting it to AIA Australia Limited, I acknowledge and agree that it is my responsibility to seek further medical advice in respect of my results and that (to the maximum extent permitted by law) each of the medical institution named above and AIA Australia Limited are not responsible for any loss or damage suffered due to any failure to seek such advice.

Results Capture and Upload

Submit via the app

- Input the results above & a photo of this form through the Health Check or relevant screening section of the app to earn points.
- Please submit one form per health professional only.

Take AIA Vitality wherever you go,
download the app today!

Any questions about Health Checks,
Screening or Vaccinations, please do not
hesitate to contact us.



*As an AIA Vitality member, by signing and submitting the above, I confirm that I have read and consent to the collection, use, handling and disclosure of my personal information in the manner described in the Privacy Policy each of AIA Australia Ltd, AIA Vitality Company Limited and Discovery located at <http://www.aia.com.au/en/tools/modal-pages/Mobile-App-Privacy.html> (AIAA) and <https://www.discovery.co.za/portal/individual/terms-and-conditions> (Discovery) and agree that these documents may be updated from time to time, and that any personal information AIA Australia and/or Discovery hold will be governed by that entity's most current Privacy Policy. I understand that in addition to the purposes set out in these privacy policies that my personal information may be used and I may be contacted by AIA Australia Ltd for the purposes of verifying the information on this form. AIA Australia Limited ABN 79 004 837 861. VIT3532 08/13/18

AIA Vitality