

# Fitbit Benefit Guide

## About Fitbit

Fitbit fitness devices motivate you to stay active, live better, and reach your goals. You can wear a Fitbit to track your steps, distance and calories to help you achieve your fitness goals.

## What is the benefit?

As an AIA Vitality member you will enjoy 25% off all fitness devices and the WiFi smart scale.

Shipping is free on orders over \$65.

## Who may use the benefit?

AIA Vitality members are eligible to purchase the Fitbit devices at the discounted rate.

## How to use the benefit

- To buy a Fitbit device log on to [aiavitality.com.au](https://aiavitality.com.au), click on Fitness Devices and Apps under Improve Your Health tab.
  - Click on the Fitbit button to get started.
  - You will be redirected to the Fitbit online shop where you can purchase your device at a discounted rate.
  - Once you receive your Fitbit device, log on to [fitbit.com](https://fitbit.com) to register your device and create your profile.
  - You will need to link your Fitbit device with AIA Vitality so that you can earn AIA Vitality points for your activities.
- To link your device, log on to [aiavitality.com.au](https://aiavitality.com.au); go to Improve Your Health tab and click on Fitness Devices and Apps.
  - You will be presented with tiles to link fitness devices; click on Link my Fitbit and follow the prompts.
  - You will only need to do this once and Fitbit data will sync automatically with AIA Vitality.
  - Make sure you upload your data to your Fitbit profile regularly so you can earn AIA Vitality Points.

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## AIA Vitality Points

- AIA Vitality Points will be awarded depending on how many steps you take each day:

7,500 – 12,499 steps	50 points
12,500+ steps	100 points

- You can earn a maximum of 100 AIA Vitality Points each day for all fitness-related activities (excluding organised fitness events) including gym session, walking, and other activities tracked using fitness devices. Should you exercise more than once a day or use more than one activity tracking device, we will record the highest points earning activity only.

- If you participate in an organised fitness event (such as a marathon), the points you earn for that event may exceed the daily cap of 100 points and will contribute towards the yearly maximum of 15,000 points for all physical activities.
- Your points will be reflected on your online AIA Vitality Points Statement within 48 hours after your data is uploaded.

### Important points to remember

- Local postage and handling fees apply to all delivery orders on the online Fitbit shop.
- There is a limit of 15,000 AIA Vitality Points you can earn per membership

year which apply to all physical activities, including gym, organised fitness events (such as marathon), and other activities tracked using fitness devices.

- You must purchase Fitbit through [aiavitality.com.au](https://aiavitality.com.au) and follow the links to the Fitbit online shop to receive the AIA Vitality discount.

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- If your AIA Vitality membership ends for any reason, you will no longer earn AIA Vitality Points when you use your Fitbit device to record your workouts. However, you can continue to use your Fitbit in your personal capacity.
- In case of dispute, the decision of AIA Australia and Fitbit shall be final.
- Use of this benefit is subject to the AIA Vitality Terms and Conditions, AIA Vitality Terms of Use and the AIA Australia Privacy Policy available at [aiavitality.com.au](http://aiavitality.com.au). Benefits may be varied or withdrawn at any time.

## Any questions?

Visit [aiavitality.com.au](http://aiavitality.com.au)

Email [queries@aiavitality.com.au](mailto:queries@aiavitality.com.au)

Call 1800 848 254

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Information is correct as at January 2017 and is subject to change.

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