

AIA Vitality Active Benefits Benefit Guide

About AIA Vitality Active Benefits

AIA Vitality members can enjoy weekly rewards for being active. We all need a little extra motivation sometimes and AIA Vitality Active Benefits gives you something to work towards every week!

What is the benefit?

You will be rewarded with a \$5 voucher when you reach your personalised Active Benefits target each week.

Who may use this benefit?

AIA Vitality Active Benefits is only available to current AIA Vitality members who opt-in to Active Benefits. AIA Vitality members are able to use the vouchers

for themselves or share with their family and friends – where the redemption process is via a code and pin redemption. We are working on a formalised sharing structure involving those rewards that have a barcode redemption, and will advise as soon as it is available.

How does the benefit work?

- AIA Vitality will set you a weekly personalised Active Benefits target every Monday. You need to complete fitness activities between the Monday your target cycle starts and midnight the following Sunday.
- This target is set based on your target achievement over the previous few weeks.

- You will have until the Saturday after the target week to sync your activity data from your fitness device. We recommend to sync every day to be able to access the reward immediately upon reaching your target.
- You'll earn a \$5 voucher each week when you achieve your personalised Active Benefits target.
- You can choose between Boost Juice, HOYTS, iTunes, Woolworths or you can choose to donate your \$5 voucher to one of three Australian charities; Black Dog Institute, Cancer Council Australia or Diabetes Australia.



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- You will have 7 days to choose your reward voucher if you achieve your target
- To use your reward simply follow the steps for each voucher supplier. Some vouchers can be used either online or offline, or both. Check the terms and conditions of your chosen voucher for more information.
- You can earn a maximum of 100 AIA Vitality Points each day for all fitness-related activities (excluding organised fitness events) including gym session, walking, and other activities tracked using fitness devices or apps synced with AIA Vitality. Should you exercise more than once a day or use more than one activity tracking device, we will record the highest points earning activity only.

AIA Vitality Points

- AIA Vitality Points will be awarded depending on level of exercise completed. Refer to the AIA Vitality website, Fitness Devices and Apps page under the Improve Your Health tab to learn how points are awarded based on calories, steps, speed and heart rate

Your points will be reflected on your online AIA Vitality Points Statement within 5 days after your data is uploaded.

Important points to remember

- AIA Vitality members will continue to be rewarded with AIA Vitality Active Benefits even after they have reached their 15,000 points cap for physical activity provided they have done physical activity equivalent to meet their weekly Active Benefits target.
- AIA Vitality Points awarded for organised fitness events are excluded from the Vitality Active Benefits.



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- In case of dispute, the decision of AIA Australia and the specific retailer shall be final.
- Use of this benefit is subject to the AIA Vitality Active Benefits rules, the AIA Vitality Terms and Conditions, AIA Vitality Terms of Use and the AIA Australia Privacy Policy available at aiavitality.com.au. Benefits may be varied or withdrawn at any time.
- Specific retailer vouchers are subject to expiry dates; please refer to your specific voucher for more details.

Information is correct as at July 2018 and is subject to change.

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