Dietitians Association of Australia Benefit Guide

What is the Dietitians Association of Australia?

The Dietitians Association of Australia (DAA) is a professional membership association representing more than 5,800 dietitians, nutritionists, nutrition scientists and dietetic students nationally. It is the peak body of dietetics and nutrition professionals in Australia providing leadership in dietetics, food and nutrition for healthier people and a healthier nation. Accredited Practising Dietitians (APDs) are university qualified nutrition professionals who are members of the DAA. APDs are the only healthcare professionals in Australia who are recognised by the Australian Government and Medicare to provide nutrition advice.

What's the benefit?

The Vitality Nutrition Assessment – Virtual Consultancy

As an AIA Vitality member you are eligible to receive a 30% discount on your initial consultation fee with an APD, and a further 20% cashback after attendance where proof of payment is provided. The initial consultation will be conducted over the phone or video (eg Skype). Members will earn 1,500 AIA Vitality Points, once per membership year.

AIA Vitality Nutrition Assessment price -\$55

AIA Vitality members will pay \$77 for the initial consultation and after proof of payment is received by AIA Vitality, we'll provide you with a further \$22 cash back.

How does the benefit work?

AIA Vitality has partnered with selected Accredited Practising Dietitians to offer nutrition assessments that can help you learn more about your eating habits and how to improve them. You can save 50% on your initial consultation when you book with an APD to complete your AIA Vitality Nutrition Assessment and earn 1,500 AIA Vitality Points.



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In order to access this benefit, you will need to complete the following steps:

- Log in to aiavitality.com.au and click through to the Nutrition Assessment page under the Know Your Health tab.
- Click on Get Started and follow the prompts.
- Once your booking is confirmed, you will receive confirmation from the APD.
- Payment of \$77 is made on the day of the appointment (or prior if arranged).
- On the day of your appointment remember to have the names of any supplements or medication that you may be taking.

- Confirmation of your attendance will be provided to us by your APD and points awarded automatically.
- To receive the \$22 cashback after your assessment you will need to send proof of payment to queries@aiavitality.com.au
- Your cashback will be deposited into your nominated bank account within three weeks of AIA Vitality receiving your proof of payment.

If you have Private Health Insurance cover, further rebates may also apply. Please check with your health insurer for eligibility.

AIA Vitality Points

You will be awarded 1,500 AIA Vitality points once you've completed the AIA Vitality Nutrition Assessment with the APD.

Important points to remember

If you'd like to make changes to the date or time of an appointment, you will need to call the dietitian at least two days in advance.

There's no limit on the number of Vitality Nutrition Assessments you can complete, but your points are capped at 1,500 points per year.



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You can make a follow-up appointment with the dietitian if desired. However, the applicable rates and fees will not be eligible for the AIA Vitality discount and cashback.

In case of dispute, the decision of AIA Australia and Dietitians Association of Australia shall be final.

Use of this benefit is subject to the AIA Vitality Terms and Conditions, AIA Vitality Terms of Use and the AIA Australia Privacy Policy available at aiavitality.com.au. Benefits may be varied or withdrawn at any time.

