### **Garmin Benefit Guide**

#### **About Garmin**

For over a decade, Garmin has been a leading producer of fitness devices that help people achieve their fitness goals. The vívo series of activity trackers help you kick-start a fit, healthy and productive lifestyle. Wear it 24/7 and stay on top of your fitness goals by monitoring steps, calories, distance and time of day on an easy-to-read display. You can also monitor sleep stats for later review online.

#### What is the benefit?

AIA Vitality members receive 25% off the recommended retail price of up to two Garmin devices and two accessories per year when purchased via the AIA Vitality website.

Benefits may vary during campaign periods. Refer to the AIA Vitality website for further information.

#### How does the benefit work?

- To buy a Garmin product log on to aiavitality.com.au, click on Fitness Devices and Apps under Improve Your Health tab.
- Click on Garmin to get started.
- You can purchase up to two Garmin devices and two Garmin accessories in the Sports & Recreation and Automotive range per calendar year (1 January to 31 December inclusive).
- Your discount is applied at the checkout to eliqible products.



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- Postage and handling is free when the total value of your transaction is \$100 or more (after the discount has been applied).
- You'll receive a confirmation and the order will be sent by courier. A signature will be required on delivery.

### Linking your Garmin and earning AIA Vitality points

 Once you receive your Garmin device, login to aiavitality.com.au and navigate to Fitness Devices and Apps under the Improve Your Health tab, click on Link my Garmin and follow the prompts.

- Refer to the AIA Vitality website to learn how points are awarded based on calories, steps, speed and heart rate.
- You can earn a maximum of 100
  AIA Vitality Points each day for all
  fitness-related activities (excluding
  organised fitness events) including gym
  session, walking, and other activities
  tracked using fitness devices or apps
  synced with AIA Vitality. Should you
  exercise more than once a day or use
  more than one activity tracking device,
  we will record the highest points
  earning activity.
- If you participate in an organised fitness event (such as a marathon), the points you earn for that event may exceed the daily cap of 100 points and will contribute towards the yearly maximum of 15,000 points for all physical activities.
- Your points will be reflected on your online AIA Vitality Points Statement within 5 days after your data is uploaded.



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### Important points to remember

- You must purchase your Garmin through aiavitality.com.au to receive the AIA Vitality discount. If the Garmin website is already open on your browser, please make sure you close your browser and enter a new session by clicking through the AIA Vitality website.
- If your AIA Vitality membership ends for any reason, you will no longer earn AIA Vitality Points when you use your Garmin device to record your workouts.

- In case of dispute, the decision of AIA Australia and Garmin shall be final.
- Use of this benefit is subject to the AIA Vitality Terms and Conditions, AIA Vitality Terms of Use and the AIA Australia Privacy Policy available at aiavitality.com.au. Benefits may be varied or withdrawn at any time.